

Compassion

Our attitudes and actions must reflect kindness and compassion. Compassion is much stronger than sympathy; if you have compassion you step into someone's shoes, share their experiences and sufferings and want to support them or act on their behalf. It is not just feeling sorry for someone but actually doing something about making their life or situation better. We teach children that compassion is about 'standing in someone else's shoes' when they are having a hard time. In other words, trying to understand how they might be feeling and doing our best to try to help.

Is it easy to be compassionate?



"COMPASSION ISN'T ABOUT SOLUTIONS. IT'S ABOUT GIVING ALL THE LOVE THAT YOU'VE GOT."

Emily, Max, Megan, Faith and Nathan

Luke-5:12-13

In Bible times, people who had infectious skin diseases like leprosy had to live outside the city so their disease would not be passed on to other people. Luke tells a story of a man with leprosy who came to, begging Jesus to cure his leprosy. The Bible says that Jesus was filled with compassion for the man and that He reached out His hand and touched the man. Jesus said, "Be clean!" and the man was healed.

Jesus did more than feel sorry for the man. He saw the man's painful situation and did something about it. When we show concern for and meet the needs of those who are hurting, we are being like Jesus.

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