

Endurance

What is Endurance?

The word can be used for standing firm in the face of hardship, persecution or scorn, but we hope this is not our situation in our school. We use it more in the context of 'keeping going, and not giving up' as endurance is the special gift that we have when life is difficult or painful that helps us not to give up.

> Push harder than yesterday if you want a different tomorrow.

Elin, Ella, Rocco and Evie.

A Story about Endurance... (Genesis 6:1-11:32)

Noah showed endurance when God gave him a special job. There came a time when there was only one good man in all the world, and his name was Noah. Everybody else was bad. God wanted to start over fresh. So He told Noah to build an ark. And Noah did.

God told Noah to fill the animals—two of every kind. And Noah did. Noah and his wife went aboard too. It took him many many years and he had to keep going even when it was tough.

Then God made the rain come down. It rained and rained, until there was a great flood that covered the world. Only those who were in the ark were safe and dry. Everybody else was drowned.

Then God made the sun shine and dry up the rain. Everyone in the ark came out. Noah said: "Look! God has sent us a sign in the sky. It means that He will never flood the world again." The sign in the sky was the very first rainbow.

The Endurance Challenge

Ask each member of the family to write (on identical pieces of paper) a challenge that will require endurance and perseverance to complete. Fold the paper 4 times and place it in a bag with the others. Invite each person to place their hand into the bag (whilst looking the other way) and pick out a challenge which they have one week to complete. (Think carefully about the challenge you set and if possible make it a worthwhile and useful thing to do).